

Yoga & Holistic Therapy

Weekend Booking Form

Venue: The Haybergill Centre, Hayber Lane,
Warcop, Appleby, Cumbria, CA16 6NP.

Friday 24th – Sunday 26th June 2016.

Price: £245 pp. Early Bird Price: £225 if booked and paid in full by 1st April 2016



Please fill in and return with your payment.

Name.....

Address.....

.....Postcode.....

Telephone.....Email.....

Please list any dietary requirements (NB* All food served on the weekend will be vegetarian)

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Room Requirements: (NB* Rooms are on a twin/double/triple basis – Please state which room type you would prefer and who you would like to share with and we will do our best to meet your requirements)

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Please list any medical conditions/injuries

****Please consult a doctor if you are in any doubt about practising yoga before you attend this weekend. Please inform Elizabeth at LemonTree Yoga of any change in circumstance before the weekend starts.****

All information will be kept confidential

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I agree to the terms and conditions set out on page 2.

Signed.....Date.....

Enquiries to Elizabeth Hawkins. Email: elizabeth@lemontreeyoga.co.uk Mobile: 07855 947280
www.lemontreeyoga.co.uk

Please fill in the booking form and enclose a cheque for £75.00 made payable to Elizabeth Hawkins.

115 Thornhill Rd, Brighouse, West Yorkshire, HD6 3AH.

Or pay direct by bank transfer. Account No: 67555128 Sort Code: 53-61-07 Bank: NatWest.

Please use your name and June Weekend as a reference.

Terms & Conditions

- No booking shall exist until a signed booking form has been received and the correct payment has been made.
- A confirmation email will then be issued.
- **The deposit of £75.00 is non-refundable**
- **The balance of the money is due 6 weeks before the start of the weekend.**

Cancellations

- If unfortunately you need to cancel, the following charges will apply.
6 weeks notice or more – 50% of the payment will be refunded minus the deposit.
Less than 6 weeks notice – **no refunds will be given – the full amount is payable.**
- It is strongly recommended that you purchase travel insurance which provides cancellation cover.

Liability

Elizabeth Hawkins at Lemon Tree Yoga does not accept liability for:

- Illness of participants or close relatives
- Civil strife, industrial action, natural disaster, technical problems due to transport, staff cancellations or other events beyond her control.
- Loss or damage to personal property on the weekend.
- Injury sustained on the weekend.
- Medical or psychiatric conditions which may develop during or subsequent to the weekend.

Medical Conditions & Injuries

- If you have had any major physical or emotional illnesses within the past 5 years, or are under medical or psychiatric supervision, you must notify Lemon Tree Yoga at the time of booking, and where appropriate, enclose a Doctor's certificate of fitness to participate.
- Please list **ANY** other medical conditions/injuries on the booking form – this is to help me help you as certain yoga postures and breathing exercises are contra-indicated for certain medical conditions.
- Separate forms will need to be filled in on the weekend for holistic therapies.